

Wheatland, WY 82201

E-Newsletter

Would you like an electronic version of this newsletter? Send your E-mail address to:

theresa.reddicks@pcmnh.com

Gladys Yount, our resident gardener, is busy planting the flowers and vegetables in the agri-tubs



Betty Ann Hobbs and Daisy Hughes have their sun bonnets on and are ready to sit on the patio and enjoy the warm weather.

Folk Tales is a monthly publication of

Platte County Memorial Nursing Home 204 15th Street Wheatland, WY 82201

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FOLK TALES

June 2014

Let's Celebrate and Have a Good Time!







Jack Willadsen & Ruth Mittan were ready for Cinco DeMayo

Oh a Puppy! Edna Ryff is all smiles



The Ladies of the CCW hosted the Mother's Day Tea. Leota Throckmorton, Clara Lou Johnson, Lela Gorsuch, Helen Hornbaker family and friends join in the festivities.

NH Week Show & Tell











One of our most popular annual events is Show & Tell. Residents and staff are asked to bring an item to show and tell us about that has a special meaning to them.

Thelma & Ralph Foster, Ruth Mittan, Helen & Jerry Lorenz, Lela Gorsuch Sigrid See and Donna Pensis were just some of the participants.

Platte County Hospital District Board of Directors

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Physical Therapy is currently going through training for the PENS Unit (Patterned Electrical Neuromuscular Stimulation)

Some of the areas that this program will help improve are:

- Bladder Control
- Pain
- Post Stroke rehabilitation

We are excited that PCMNH will be able to offer these new services in the near future.



NH Week Sports Day

NH Week **Duck Dynasty** Day Kathi Bertagnoli is ready to go



The next Family Council meeting will be on Wednesday, June 18th at 5:30pm in the Activity Room



NH Week P.J Day Christy Watkins either ready for bed or to call bingo.

NEW STAFF

Perce Peasley

Penny Simonton

In loving Memory of

Ova Shockley

Betty Lou Johnson

James McCartney

Care Plan Schedule

10:00 Lela Gorsuch 10:20 Edna Sprague

10:40 Jerry Lorenz

11:00 Ruth Lock

11:20 Ralph Brockman

11:40 Ralph Foster

1:00 Violet Blodgett

June 19th

June 6th

10:40 Doris Small

11:00 Helen Rutherford

10:00 Betty Ann Hobbs 10:20 Thelma Garton

June 26th

10:00 Henry Yeadon

10:20 Florence Smith

July 3rd

10:00 Josephine Johnston 10:20 Arnold Coffield

June 12th

10:00 Helen Hornbaker

10:20 Dan McGuire

PLEASE Help to keep our residents healthy

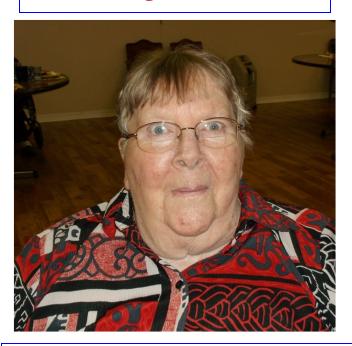
Remember the **number 1** defense against the flu and infection is

hand washing.

Holly Montgomery Infection Prevention Nurse



Resident of the Month Sigrid See



Sigrid was born in Wheatland Wyoming on January 29, 1934. She attended college, earning a degree in Education. After her marriage to Louie See, she became a full time homemaker. Sigrid was a Puppeteer. She made her own puppets, bringing joy to school children and Nursing Homes residents when she entertained. She is well traveled. Sigrid enjoyed traveling on freighters and has traveled almost around the world. She also enjoyed painting. Sigrid loves music especially Country Western music. She enjoys watching her TV to pass the time.

Resident Birthdays 6/01/36 Caroll Contryman 6/03/17 Ruth Mittan 6/07/29 Betty Ann Hobbs 6/11/31 Donna Pensis 6/14/24 Josephine Johnston 6/29/28 Rose Mendenhall

Folk Tales - June 2014

Remember Father's Day June 15th Stop by and visit your dad on Father's Day. The gift of your time is the most precious gift you can give.

• Father's Day is the fourth most popular card-sending holiday in the world after Christmas, Valentine's Day, and Mother's Day.

Ties are the most traditional Father's Day gift throughout the world.

After School **Reading Program**



Laynie and Cole Goertz, second graders from Libbey Elementary School, shared an afternoon with the residents. The residents were thrilled with their reading skills. Ruth Lock listens to Laynie as she reads to her. Glen Hall enjoyed the story, but the best part of the visit was being with Cole.





June 2014

Mon	Tue	Wed	Thu	Fri	Sat
2 Bowling 10am Relaxation Time 11am Trivia 2pm Group Exercise 4pm Activity Time	Piano Music 10am Horse Races 2pm Mind Teasers 4pm Activity Time Ruth Mittan	4 Manicures 9:30am Bible Study 11am Bingo 2pm Computer Games 4:30pm Activity Time	Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	6 Exercise Games 10am Book Club 10:45am Bingo 2pm	7 Music with Pat & Johnny 10am Movie 2pm Betty Ann Hobbs
9 Resident Council 10am Tea Party & Cake Decorating 2pm Trivia 4pm Activity Time 16 Bowling 10am Relaxation Time 11am Trivia 2pm Happy Hour with Joyce 4pm	10 Piano Music 10am Men's Games 2pm Mind Teasers 4pm Activity Time 17 Piano Music 10am Mind Teasers 4pm Activity Time	11 Manicures 9:30am Bible Study 11am Picnic 12pm Bingo 2pm Computer Games 4:30pm Activity Time Donna Pensis 18 Manicures 9:30am Bible Study 11am Picnic 12pm Bingo 2pm	Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Activity Time 4:15pm 19 Music with Nita 11am Visit with Dakota 4:15pm	13 Wild Bunch Breakfast 8am Exercise Games 10am Book Club 10:45am Banana Splits 2pm & Bingo 20 Movie 10am Volunteer Bingo 2pm	Games 10am Movie 2pm Josephine Johnston 21 First Day of Summer Patio Games 10am Movie 2pm
23 Music with Pat & Johnny 10am Trivia 2pm Group Exercise 4pm Activity Time 30 Bowling 10am Relaxation Time 11am Trivia 2pm Group Exercise	24 Piano Music 10am Men's Games 2pm Mind Teasers 4pm Activity Time	25 Manicures 9:30am Bible Study 11am Picnic 12pm Birthday Party 3pm	Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Visit with Dakota 4:15pm	27 Exercise Games 10am Book Club 10:45am Bingo 2pm	28 Crafts 10am Movie 2pm
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OUR DEDICATED STAFF

Folk Tales—June2014

Employee of the Month Tiffany Gores



Tiffany Gores was born in Malta Montana on November 2nd. She married her high school sweetheart, Jake Gores. The couple has been married five years. Tiffany has two sons; Cody and Monte.

Tiffany has been working at the nursing home in Housekeeping for the past six month. She likes everything about working here, especially the residents. She said "they're like family."

Tiffany's main interests revolve around her family. She loves to go camping and traveling. Believe it or not, Bungee Jumping is something she will not pass up!

Tiffany is always willing to help the residents and or other staff any way she can. Congratulations!

NH Week





From the Administrator's Desk



PCMNH Administrator, Shane Filipi accepts the Quality of Excellence Award.

PCMNH received the Nursing Home Quality Excellence Award from Mountain-Pacific Quality Health during the Wyoming Health Care Leading Age Wyoming Spring Conference. This is the highest award possible awarded to a long term care facility. All WY long-term care facilities are eligible for the Nursing Home Quality Awards.

The Nursing Home Quality Excellence Award recognized Platte County Memorial Nursing Home for strong leadership support for quality and resident safety. The staff show their dedication to the residents and their families by delivering high-quality care.

Each day we get closer to the new facility. On June 3rd the Platte County Hospital District Board will be opening the bids for construction of the new facility. The board will review all bids and make a decision for a general contractor for the construction. Hopefully all will go as planned and ground breaking can start shortly after the general contractor starts. Please feel free to stop by my office if you would like a update on the project.

Thank you for all the support, Shane

Happy Birthday
6/04 Johanna Sarad
6/08 Jennifer Lema
6/13 Sarah Williamson
6/22 Linda Conrad